

**Student Wellbeing and Experience Sub-Committee**

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| **Meeting details** |
| **Meeting name** | **Student Wellbeing and Experience Sub-Committee**  |
| **Date** | **Wednesday 3rd February 2022** | **Time** | **17:30 - 18:30** |
| **Location** | The Hive, Students’ Union, Plymouth Campus  |

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| **Minutes** |
| **1.** **Welcome** |  |
| **2.** **Attendance / Apologies** | Fawzy Ahmed – VP wellbeing and diversity Roxana Vrabie – Plymouth Business School RepAl-Ameen Taiwo – Part-time International Students Officer Morgan Davies – SoGEES RepWill Styles – Men’s Welfare Officer Daniella Marley – Part-time Welfare Officer Tracy Priestman – Representation and Democracy Manager Apologies Amy Bishop -School of Nursing and Midwifery RepLeah Gray - Part-time Academic OfficerLucy Metaj – School of Society and Culture RepWill Jones – Environment and Sustainability Rep Medb O’Kane – Plymouth Institution of Education Rep  |
| **3.** **Minutes of last meeting** | The minutes of the last meeting were accepted as a true and accurate record  |
| **4. Notification of any other business** | One item |
| **5 Matters to discuss**  | Housing workshopsFawzy noted after the last meeting, where Shelter attended, it was suggested that the SU run workshops on tenants’ rights so that more students can benefit from the advice and support.It was agreed that this was a good idea and that it should be held sooner, rather than later. In future it would be best to hold this kind of activity in November/December.Daniella added that more information about guarantors was needed for international students as prices vary and it is hard to find reputable companies Fawzy noted that many landlords do not accept guarantors that are not based in the UK and either need to find a UK based individual, work with an agency, or pay in full up front. A previous Sabb had started a campaign about this and Fawzy will be continuing with it. Fawzy also added that a survey will be going out to collect feedback form international students about their experience.  |
| **6. Priority work/****Campaigns**  | Welfare WednesdaysDaniella noted that the full timetable of each weekly topic is now available and students are welcome to suggest new ideas or to get involved. Meet each week in the Hive between 13:00 – 15:00. Students are welcome to get involved in the Instagram takeover or just catch up. Please get in touch if you want to get involved  Men’s Group Will explained that the Men’s Group should be up and running in the next few weeks. Mental Health Support Services Tonari noted that students are stressed and drop outs are high. Wellbeing Services previously held [online mental health drop in](https://www.plymouth.ac.uk/student-life/services/student-services/mental-health-support) sessions but it is unclear if they are still taking place now**Action: SU to check if the online mental health drop in sessions are still taking place** Stressless Fawzy noted that the Sabbatical Officers gave out fruit and snacks as well as wellbeing advice during the stressless Feedback Do let Fawzy know any feedback as she sits on the Student Wellbeing Engagement Group and can raise issues on behalf of students.  |
|  **7. Actions** | **Action: SU to check if the online mental health drop in sessions are still taking place** **Action: Tracy to contact doctoral College to ask that links to mental health drop is are shared**  |
| **8. AOB** | Healthier Food in the Library This was raised at Student Life Ops Group, they did say that this has been considered in the past but non-perishable items go out of date quickly. The library are looking at handing out fruit and healthy snacks during assessment periods. Will added that the snacks need to come with information about support services  |
| **9. Dates for the diary** | 15th February  |
|  | **End of meeting** |