



UNIVERSITY OF
PLYMOUTH

CAREER PLANNING FOR INTERNATIONAL STUDENTS

Advice, support and guidance
to develop your skills and gain
experience whilst studying in the UK.



plymouth.ac.uk/careers
careers@plymouth.ac.uk
01752 587456

*All information in this booklet is current
at the date of writing (August 2026)*

**CAREERS
SERVICE**

HERE TO HELP

Careers Service

The Careers Service at the University of Plymouth aims to help all students reach their potential. This guide will offer advice on how to approach your career planning whilst studying in the UK and after you graduate.

Studying away from home means facing new challenges and knowing where to find the right support is important. As an international student, you may need additional support navigating the UK job market and application processes or like to access opportunities to build your professional network in the UK.

Our expert staff are here to help you and offer impartial advice. We can support you with **options with your degree, career planning, job search, CV writing, interview preparation, applying for Postgraduate study and much more.** Our aim is to help you get to know yourself, gain experience and build your personal brand, so you can stand out to potential employers.

This guide will cover:

- **Getting started** – key contacts and how they can support you to gain experience whilst at university and after you graduate.
- **What you need to know about working in the UK** during your studies.
- **Right to work checks** and how to apply for a National Insurance Number.
- **Careers Service Support** and events offered.
- **UK CVs.**
- **How to develop your skills.**
- **How to gain work experience** and make the most of your time in Plymouth.
- **Further study support.**



The Careers Service is here for you all year round. If you are away from Plymouth, you can still access support by email, telephone or Microsoft Teams.

www.plymouth.ac.uk/services/careers

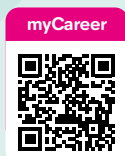
Come and visit us in **The Student Hub, Charles Seale-Hayne library** or contact us **careers@plymouth.ac.uk** or **01752 587456**.

MyCareer

As a University of Plymouth (or UoP) student or graduate, you have access to **myCareer**, our online career platform, for as long as you need it. On **myCareer**, you can search for job vacancies, book onto workshops and events as well as book in for one-to-one appointments.

You can also access our **Digital Resources**, including the **CV checking tool** via **CareerSet**, practice for interviews using our **virtual interview simulator** through **Graduates First**, access our self-directed learning pathways and much more.

You can access **myCareer** using your university login details.



STUDENT IMMIGRATION ADVICE TEAM (SIA)

SIA can help you with any student immigration support you may need including guidance on some post study work visa options.

If you are an international student, you probably have immigration permission/visa to be in the UK.

Most visas have conditions which may restrict what you can do in the UK so it is a great idea to plan ahead if you wish to work during or after your studies or undertake a work placement.

The SIA team can help you with this planning and ensure you know what you can and can't do! The team offers free specialist immigration advice in the following areas:

- **The Student visa:** www.plymouth.ac.uk/services/international-student-advice
- **Working during your studies:** including placements and volunteering
- **Working after your studies:** the Graduate visa

SIA is guided by the UK Council for International Student Affairs (UKCISA) and the Association of International Student Advisers (AISA) and liaise directly with the Home Office. They can explain the rules and conditions associated with your visa, including what part-time work you can do and if you can do a placement.

SIA cannot advise on all working visa categories but can signpost you in the right direction.

Immigration can be complex, so SIA is here to help you interpret the rules and make informed decisions. For more information on visas for working after your studies, see here:

www.plymouth.ac.uk/international/visas-for-working-after-study

For any queries, contact:
studentservices@plymouth.ac.uk
or **+44 1752 587676**

You can talk to one of the SIA team:

SIA have online and in person drop-in sessions where you can talk to an advisor. Contact the Student Hub: **studentimmigrationadvice@plymouth.ac.uk** for up-to-date session times.

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Please note, that the Careers team are able to support you with finding and making applications for jobs but cannot provide visa advice. Therefore, you may want to speak with both the Careers and SIA team regarding your plans.

Visit **myCareer** for our **International Student Pathway** to support you in getting started, whatever stage you are at in your future planning.

myCareer



WORKING DURING YOUR STUDIES

Getting a part time job during studies is a great way to improve your language skills, gain experience, make friends and earn some extra money.

However, if you are an international student you are likely to have working restrictions and will need to check your visa on how many hours you can work per week. It is also important that your working hours do not impact your attendance or engagement on your course, or this could affect your visa. Please note as well, that any volunteering may count towards the hours you are allowed to work as part of your visa terms.

See the university's 'Working in the UK' information page: www.plymouth.ac.uk/international/working-in-the-uk

Right to work check

All workers, both home and international, need to prove their right to work (RTW) in the UK. Once you have secured a role you will need to prove to your employer that you have a right to work in the UK during your studies.

A RTW check usually means that you will need to show your passport, Share Code* and other documents requested. **You will need a Share Code* (even if you have Settled Status)** which can be generated via the UK government website.

*For up-to-date information on accepted ID and documents, please check the UK government webpage www.gov.uk/prove-right-to-work

Apply for a National Insurance Number (NINO)

All UK employers must have a NINO for every employee and sometimes this information is required on job applications. If you have arrived in the UK and are planning to look for work, it's best to apply for your NINO as soon as possible.

You can apply for a NINO online via the UK government website: www.gov.uk/apply-national-insurance-number

You might need to enter information from one or more of the following documents, so if you already have them, get them ready before you start the process. You can still apply if you do not have any of these documents, but you may need to attend an appointment in person to prove your identity. **Applications to get your NINO can take up to 4 weeks to get your National Insurance after you've proved your identity.**

What documents you'll need*:

- A Passport from any country
- A National Identity Card from an EU country or from Norway, Liechtenstein or Switzerland.

**For up-to-date information on acceptable documents, see the government webpage*

Proof of enrolment

As an international student, employers are likely to request proof of your university enrolment with details of your term dates. If you require a letter to confirm your studies and term dates to employers, please complete the following letter request form: forms.office.com/r/ez1GUAPs26

The letter will be emailed as a PDF document within 3 working days. Once you receive this email you can come to Student Services in the Student Hub, Charles Seale-Hayne library to have the letter printed, signed and stamped if required.

CAREERS EVENTS & WORKSHOPS

The Careers Service host a programme of events and activities throughout the year, offering you opportunities to network with employers, explore your options, plan your career journey, develop your employability skills, compete to succeed and help build your confidence as a professional.

- Part-time jobs
- Volunteering
- Placements
- Graduate jobs
- Sector specific fairs
- Subject specific employer panels

Careers Fairs

We deliver a range of careers fairs which can help you to understand the UK job market, find vacancies and network with employers.

Careers fairs in the UK may be different from what you have experienced at home. Here, they are used as ways to network with employers and understand more about opportunities and what those employers are looking for.

Therefore, these are useful and suitable for you to attend in any year of study,

offering you a chance to find out about internships and placement years as well as graduate roles, so don't wait until your final year to attend!

Careers Fairs



Skills development & networking events

Each academic year we deliver career competitions and networking events designed to develop key transferable skills.

This is a great opportunity to demonstrate working as a team, pitching, leading a group and networking with employers.

Keep up to date with Careers events here:

www.plymouth.ac.uk/services/careers/whats-on

Check out the calendar and book via **myCareer**:

Accelerate your future – skills workshops

Our “Accelerate” skills development workshops help you to develop your skills and improve your confidence when thinking about and planning for your potential career, job searching and applying for employment.

To see our full schedule and book your workshops go to our events calendar on **myCareer** and search “Accelerate”.

myCareer



myCareer



Our Accelerate skills development workshops:

- CVs and Applications
- Master LinkedIn
- Interview Skills
- Assessment Centres
- Job Search Techniques
- Decision Making
- Selling Skills
- Disclosing Disabilities
- Considering Postgraduate Study

CV (CURRICULUM VITAE)

The application process may be different in the UK from your home country. It is important to carefully check what you need to apply for a job and it is always worth seeing one of our Advisers from the Careers Service to check that your CV meets UK employers' expectations.

Differences include:

- **Resumes are called CVs** in the UK.
- **CVs should be 2 pages long** (unless an employer explicitly requests 1 page) to evidence your experience, education, skills and suitability for the role.
- You will need to create a different CV for every job application as **CVs MUST be tailored to meet job advert requirements**, the sector and company. It is important to answer to the criteria and skills the employer is looking for. (However, you can create one "master" CV which you can then adapt to tailor to a specific role – you don't have to have 20 CVs to start with.)
- **You can include examples** of how you have demonstrated your skills and suitability for the role through **all your experiences**: work (including part-time and casual work), volunteering, education and extra-curricular such as sports, societies and interests.
- **Personal profile**: usually positioned after your contact details. It's a short summary (around 150 words) that highlights your skills and most relevant experiences to the role. Its purpose is to grab the reader's attention and direct them to the most relevant and appealing parts of your CV, acting as a form of a brand statement or '**elevator pitch**'. Imagine you

are asked by the employer you are writing to: 'tell me about yourself?' – How would you respond? What are your unique set of skills, values and achievements? What is important to you and how do you want to be viewed by employers?

elevator pitch



- **No photo**, unless specifically requested (roles such as modelling etc.)
- **You do not need to include any personal or sensitive information** such as: marital status, sexual orientation, gender, age or date of birth, nationality, personality type, religion, height/weight.

Qualifications in the UK

When writing the education section of your CV, try to include in brackets the **UK equivalent** of your qualification, if you studied outside the UK. This will help the employer understand the level to which you are qualified. See below for UK qualifications to help you with this. You can also use ENIC UK www.enic.org.uk/ a payable service which will calculate this for you.

- **A levels** – Usually gained age 17/18 years at a college or a sixth form. 2 year course completed in the UK between the ages 16-18 years old
- **GCSEs** – Usually gained age 15/16 years in the UK within secondary school. 2 year course completed in the UK between ages 14/16 years

Create a CV



CV module:
step by step
guide to
creating a
UK CV

Workshops



**Attend a
CV and
applications
workshop**

CareerSet



CareerSet:
upload your
CV for instant
feedback

One-to-one careers support

We offer a variety of face to face and virtual appointments to suit your needs.

You can see our advisers as many times as you need to, so don't worry!

Need more time?

If you think you might need longer with an adviser due to a disability or other additional needs, please let us know when you book, and we'll try and arrange a longer appointment for you.

Information and Advice appointment

20 minutes face to face or virtual appointments designed to support you with:

- CVs, cover letters and applications for jobs and further study
- Interview preparation
- Finding work experience, part time work, internships, and graduate opportunities

Careers Guidance appointment

30 minutes face to face or virtual appointments designed to support you with:

- Planning your career path and exploring options
- Clarifying your career direction and identifying goals
- Exploring underlying issues and barriers to enable you to move forward in your career

Placement Year & Micro-Internship Advice

Our Employer Engagement Team, who oversee the placement year and internships for the Careers Service, offer **20 minute** appointments, face to face and virtually.

Placement enquiries:

These appointments are for you if your programme has the 'option' to complete a year-in-industry/sandwich-year placement(s) and you'd like to discuss:

- the types of placements available and where to look
- how to apply for a placement (including CVs, cover letters, application forms)
- self-employment or freelancing as a placement option
- placement approval and what needs to be completed during your placement experience.

Internship enquiries:

These appointments are for you if you have questions about our Careers Service Micro-Internships or finding your own short-term internship and you'd like to discuss:

- the types of internships available to you and where to look
- how to apply for an internship (including CVs, cover letters, application forms)
- advice on completing a Convention de Stage
- help to reflect on your skills, knowledge and experience gained on internship and how to draw on this in future CVs, applications, and interviews.

Appointments



A full list of appointments are available on **myCareer**. If you are unsure about what appointment type is suitable for you, please speak to our **Helpdesk team** in the library who will be happy to discuss any questions and complete your bookings.

DEVELOPMENT PROGRAMMES

One of the things that we know can be quite different in the UK is the importance of building experience and skills throughout your studying experience.

UK employers want to see that you have engaged with opportunities as early as possible – it is not enough to have a great result in your studies alone. Therefore, your career journey starts from day one of your studies and doing extra-curricular activities is one way to develop the skills that you will need in order to secure your graduate job. The Careers Service offers a variety of programmes tailored to students at all stages.



Mentoring

Mentoring is a great way to raise your career aspirations, gain knowledge and insight from the professionals in the sector.

Open to undergraduate and postgraduate students, our Career Mentoring programme is a six-month long programme that will match you with a mentor who can share their knowledge, skills, and experience to help you to progress. You will meet your mentor on a regular basis either face-to-face or virtually via zoom or telephone.

We offer a range of mentoring programmes designed to meet different objectives. Some of the Mentoring programmes:

- **Professional Mentoring scheme**
- **Babcock Mentoring scheme**

Find out more about our Professional Mentoring Programmes:

BOUNCE!

Bounce! is a personal and professional development programme designed to help you recognise your strengths, build confidence, and fulfil your potential.

Open to all University of Plymouth students and recent graduates, Bounce provides a supportive environment to explore confidence, self-belief, communication and personal growth.

While some of the themes explored are informed by research into the experiences of women, the programme is open to all students.

Find out more about future dates and how to book here:

Mentoring



BOUNCE!



Adman and Mentor

JOIN A COMMUNITY

The Writing Café

Explore techniques and strategies to improve your writing.

The Writing Café offers a welcoming space where you can explore techniques and strategies to improve as a writer working with our trained student writing mentors.

You can visit the Writing Café every weekday during term time.

It takes place in the Library Café, located on the 1st floor of the Charles Seale-Hayne Library.

<https://www.plymouth.ac.uk/services/the-writing-cafe>

HELLO project

Matches new international students with an existing the University of Plymouth student at the start of the academic year.

Matches new international students with an existing the University of Plymouth

student at the start of the academic year. In small groups, students get together with their assigned Hello Buddy and other new international students to talk, ask questions, get information, and share ideas. New students can find out about living in Plymouth and studying at the University. Most importantly, the HELLO project gives new international students the opportunity to make new friends and start building their community in Plymouth <https://www.plymouth.ac.uk/international/the-hello-project> or contact us at helloproject@plymouth.ac.uk for more information or to get involved.

Develop your English language skills

English for Academic Purposes can help you develop your academic English language skills: <https://www.plymouth.ac.uk/services/english-for-academic-purposes>

myCareer pathway

FOR INTERNATIONAL STUDENTS

ACCESSIBLE 24 HOURS A DAY
10 SECTIONS

Topics include:

- Working in the UK, writing a UK CV, identifying your skills as an international student, graduate options and much more
- Work through in your own time
- Recordings of workshops tailored to you
- Suitable for UG and PG students, on any course

SCAN THE QR CODE TO FIND OUT MORE

myCareer



UPSU

The University of Plymouth's Student Union (UPSU) represent students' views in University decisions.

They host a variety of events throughout the year, such as Welcome Week and Give it a Go events. You can gain experiences through joining a society, working for the SU or volunteering.

Advice

The UPSU offers a free and impartial advice service on the following topics:

- General
- Accommodation
- Academic
- Money
- Student Finance
- Well-being

Call **01752 588373**

or email **advice@su.plymouth.ac.uk**

Join a Society

Joining a student group or society is a great way to feel part of the university community, meet new friends and gain new skills and experiences.

UPSU has a wide range of societies such as:

- Chinese
- Afro Caribbean
- Hong Kong
- Filipino
- Malaysian
- Disney
- Scuba
- Law
- Choir
- Amateur Dramatics
- and many more...

This is a brilliant **social opportunity**, and you can also gain a **position of responsibility** from the society that you are part of, such as becoming Treasurer, Chair, President, Secretary or Representative. This is an example of experience that you can **include on your CV** as a way in which you have demonstrated key **transferable skills** employers look for such as, communication, teamwork and organisation.

Societies



GAIN EXPERIENCE

Work experience can be gained from bite-size, short experiences or spread out over an academic cycle.

Work experience in any sector will help you develop employability skills vital for your future employers such as communication, development of English language skills, teamwork, problem solving or organisational skills.

It is important to check your visa to see how many hours you can work. There are some **types of work you must not do under a student visa:**

- Self-employment and business activity
- Entertainer
- A permanent full-time job
- Doctor or dentist in training, unless you are on the foundation programme.
- Work as a professional sports person including as a sports coach.

Working



For up-to-date information on International Student working in the UK visit: <https://www.ukcisa.org.uk/student-advice/working/student-work/>

Jobs



Our jobs board on **myCareer** will allow you to browse and apply for a range of opportunities that suit your preferences.

Part-time work during studies

Working while you are learning is a great way to gain experience, new skills, make new friends and could help you to stand out from the crowd when it comes to applying for graduate roles.

Hundreds of students are employed on campus yearly and in the local area in a variety of roles that can suit an academic schedule.

Ensure you check your visa for the amount of hours you are able to work per week. This is usually 10-20 hours but check your documents first.

Ambassadors



Jobs



Common types of part-time work include:

- Customer service in retail or hospitality
- Administrative roles
- Delivery drivers
- Healthcare
- Care work and support worker roles.

But the possibilities are endless.

Student Ambassadors

You can apply to be a **Student Ambassador to support the University** during events and access further opportunities to get involved with the University departments. Students can be:

- **Central Student Ambassadors** undertaking activities on open days such as guest registration, campus tours, flyering, and call centres (applications are annual in October).
- **Subject-Specific Student Ambassadors** talking about your course in more depth, assisting at faculty-run events.

VOLUNTEERING INTERNSHIPS

Appealing and valuable to employers, volunteering enables you to develop skills whilst working for a cause you are passionate about and making a difference.

Volunteering may not count towards your maximum 10 or 20 hours if it meets the definition of volunteering. Check here for the definition: <https://www.ukcisa.org.uk/student-advice/working/student-work/>

- Volunteers usually help a charity or voluntary or public sector organisation.
- Students who are volunteering do not have an employment contract.
- They must not be a substitute for an employee and they must not be doing unpaid work i.e. receiving payment in kind (although they are sometimes reimbursed for reasonable travel and subsistence expenses).

Any other kind of unpaid or voluntary work that does not meet this definition will count towards your weekly working maximum.

Always ask Student Immigration Advice team (SIA) before completing any work experience, including volunteering.

Find volunteering opportunities

University of Plymouth volunteering page, includes links to useful volunteering sites:

www.plymouth.ac.uk/services/careers/volunteering

UPSU Volunteering page: <https://www.upsu.com/volunteer/>

Visa



Micro-Internships:

A short unpaid work experience (1-2 weeks) available to all students, with three cycles a year – winter, spring and summer.

These experiences are a great way to enhance your CV and employability skills by working on a short-term project before embarking on a placement-year or prior to entering the graduate market.

Examples of roles include:

- Animator intern
- Publishing Assistant intern
- Finance and Sustainability intern
- Engineering & Building internships

Internships

Short work experience lasting from around a week to 3-6 months and often completed over a summer or vacation period.

An opportunity to gain experience in a working environment that relates to your field of study, build upon theory you have learned at University and gain practical skills that will boost your overall career prospects. Internships can be invaluable if you want to work for highly competitive large graduate employers, who will use internships as talent-spotting opportunities. They can also lead to offers for placement years and further opportunities with the business.

See our internship page for more information.

Internships



PLACEMENTS

A placement year (sandwich year or year in industry) is an integrated part of your degree, optional but encouraged.

Taking place after 2nd year of your undergraduate study or at the end of your Masters degree, you'll work for a company/organisation for six to twelve months (depending on your degree).

An opportunity to apply your subject knowledge and technical skills in a professional environment and provides an invaluable insight into organisational communication, culture and professional workplace behaviours. Similar to internships, if you want to work for highly competitive large graduate employers, placement years are often used as talent-spotting opportunities. They can lead to offers for graduate opportunities if they go well.

You will need to inform SIA of your plans to complete a placement year and discuss any visa-related queries with them:

- A work placement must be an assessed part of your course and usually must not take up more than a half of your course in the UK.
- The University must monitor you during your work placement and inform the Home Office that you will be working for part of your course.
- Work placements can be paid or unpaid and can be full time, even in term time.
- The hours of work you undertake on the work placement are in addition to the permitted hours on your visa.

Learn more about placements options and benefits here:

For any questions, contact the **Placements team:**
placements@plymouth.ac.uk
or **+44 1752 586007**

Placements



You can also book an appointment via myCareer to ensure you are within your restrictions.

WORKING ABROAD

Whether it is for a short summer internship or a year, working abroad may be an option for you, depending on your course and visa.

This is amazing chance to travel, get to know yourself and what you are passionate about and build on your skills. It also looks great on CVs.

You would need to check your visa requirements and maintain regular contact with the Student Immigration Advice team on your circumstances.

SIA Advice



SIA Advice

See below for country guides to help you plan for where you may decide to work:

- **GoinGlobal – Country and city guides:**
online.goinglobal.com/accid=2020nFGthU3IMCtjHX7OobQajEJlhZamKla0nu2s47gsUP
- **Prospects Country Guide:**
<https://www.prospects.ac.uk/jobs-and-work-experience/working-abroad/>
- **UK Government Guide to Countries in Europe:** www.gov.uk/topic/help-british-nationals-overseas/europe
- **UK Government Foreign and Commonwealth Office (FCO) Worldwide Travel Guide:** <https://www.gov.uk/foreign-travel-advice>

Summer work experience and internships sites:

- **GoinGlobal:** online.goinglobal.com/?ac-cid=2020nFGthU3IMCtjHX7OobQajEJl-hZamKla0nu2s47gsUP
- **British Council Teaching opportunities abroad:** www.teachingenglish.org.uk/
- **BUNAC – work abroad, summer opportunities:** bunac.org/#
- **CCUSA Summer camps in USA:** www.ccusa.com/
- **Seasonal jobs around the world:** www.anyworkanywhere.com/
- **Prospects:** <https://www.prospects.ac.uk/jobs-and-work-experience/work-experience-and-internships>
- www.prospects.ac.uk/jobs-and-work-experience/working-abroad
- **Season Workers Summer jobs, ski-resort work, TEFL, summer camps and holiday parks. UK and overseas:** www.seasonworkers.com

GRADUATE JOBS

Finding a Graduate job can be challenging but there are lots of resources to help you. It is important to start early, undertake a little research into the sector you wish to go into and the companies you would like to work for.

UK graduate recruiters typically follow the undergraduate timeline when they recruit, meaning that most larger employers will open their graduate roles for applications around October each year and close them around December-January. This enables them to complete the recruitment process and issue offers of employment to start around the following August/September.

Use **LinkedIn Alumni Tool**, to see the career journeys of graduates from your programme, the skills they developed and employers they worked for since graduating. You can then send connection invitations to people of interest:

1. Search LinkedIn for 'University of Plymouth'
2. Select 'Alumni'
3. Filter the results by subject, sector, company or location

The Careers Service can provide support in searching for graduate roles, adapting your CV and applications for graduate-level positions, interview support and much more. Book an appointment with an Adviser to find out more.

You will need to apply for a new visa for working in the UK after your studies.



Attend the **Master LinkedIn workshop** for more information.



Launch your career using **LinkedIn**.



For impartial, specialist visa advice contact **SIA**.

Useful sites for graduate jobs:

- **Where could your degree subject take you?** www.plymouth.ac.uk/careers-and-employment/degrees
- **What can I do with my degree?** www.prospects.ac.uk/careers-advice/what-can-i-do-with-my-degree
- **Looking for Graduate jobs:** www.plymouth.ac.uk/services/careers/looking-for-graduate-jobs

- **UK Government's Register of Licenced sponsors:** a list of companies who are licenced to sponsor workers on worker or temporary worker visas. You can use it to see if an employer of interest is already licenced: <https://www.gov.uk/government/publications/register-of-licensed-sponsors-workers>
- **Student Circus:** includes companies who are open to sponsorships: studentcircus.com/jobs

Jobs and internships abroad:

- **GoinGlobal:** online.goinglobal.com/?ac-cid=2020nFGthU3lMCtjHX7OobQajEJl-hZamKla0nu2s47gsUP
- **TargetJobs International Students guide to job hunting in the UK:** <https://target-jobs.co.uk/careers-advice/finding-a-job/guide-job-hunting-international-students>

FURTHER STUDY AND SUPPORT AFTER GRADUATING

Considering further study

Although further study can be an attractive option for many undergraduates, there are a number of factors to consider and research is key to ensuring you make the best decision for you at the moment you need to make it.

- Studying a postgraduate qualification in the UK is a popular choice for many students from across the globe. The UK Council for International Student Affairs (UKCISA) offers advice and information on what is involved: www.ukcisa.org.uk/
- Another useful source of information is Prospects: study in the UK guide, which includes an overview of the UK education system, funding and Visa advice: www.prospects.ac.uk/postgraduate-study/study-abroad/study-in-the-uk

Useful sites:

Find a Masters:

www.findamasters.com/

Find a PhD:

www.findaphd.com/

Further study



Degree options



Graduate support

Alumni



We create opportunities for Alumni to connect with each other, from sector-specific groups to international networks. Join our International Alumni Community

when you graduate.

As a University of Plymouth graduate, you can continue to access support from the Careers Service, for as long as you need us. Much of the support is similar as when you were a student.

We also offer a series of workshops called '**Launch your Graduate Career**', these are open to all graduates and many are delivered online.

Grad support



Events





UNIVERSITY OF PLYMOUTH



@uniplymcareers



@uniplymcareers



University of Plymouth Careers Service



uniplymcareers

FURTHER RESOURCES AND SUPPORT

Digital Careers Resources



University of Plymouth students and graduates have exclusive access to myCareer hosting thousands of careers e-learning courses and videos. Digital Resources provide a whole career development programme online so that you can access what you need, when you need it.

From interactive tools, practice assessments and information to a jobs board, it will help you to:

- Explore your options
- Plan your career journey
- Expand your employability skills
- Challenge yourself to succeed
- Develop into a confident professional

If you need support with any aspect of your job search, applications, or interview techniques sign up for our **Accelerate workshops** or book an **Information & Advice appointment** via myCareer. The Careers Service delivers support face to face and virtually via Zoom, telephone, or email.

Book an appointment



Accelerate Workshops



CONTACT US



01752 587456



careers@plymouth.ac.uk



plymouth.ac.uk/careers



Plymouth App

VISIT US

THE STUDENT HUB Charles Seale-Hayne Library
Monday to Thursday 08.30–17.00 and Friday 09.00–16.30

DPC26394

CAREERS SERVICE