

Tips to win

Please Switch Off Lights

Last person in the Kitchen? Going away overnight? By turning off your Kitchen and bedroom lights when they're not in use you can help the environment. This saves energy and preserves the light bulbs life, thus saving resources.

Heating

A radiator that is turned on in unoccupied rooms is a waste of energy, particularly if all your windows are open and allowing the heat to escape. Make sure you don't put furniture in front of your radiator either, if you can help it, as this takes away up to 50% of the heat.

Windows

Closed windows retain ambient heat (this is the heat that remains in the room) and means you don't need to have the heating on all the time.

Water Consumption

Make sure you turn off taps in the Kitchen, shower and sink when you're finished. Saving water, especially in the summer, is a good way to help conserve energy.

Electrical Appliances

One of the most common forms of waste energy comes from electrical appliances. Switch off your TV's, Radios and Computers when you are finished using it. Also avoid leaving appliances on Stand - by mode as this still wastes a large amount of energy over time.

Top Ten Tips

1. Fancy a cup of tea? Only boil as much water as you need (but remember to cover the elements if you're using an electric kettle).
2. A dripping hot water tap wastes energy and in one week wastes enough hot water to fill half a bath, so report any leaking taps and make sure they're fully turned off!
3. Don't leave appliances on standby and remember not to leave laptops and mobile phones on charge unnecessarily.
4. Always turn off the lights when you leave a room.
5. Cook with a friend and reduce your flats energy consumption.
6. Turn down the thermostat on your radiator (When the weather gets warmer)
7. Keep the refrigerators setting to a reasonable level (No 5).
8. Please remember to recycle your Glass, Cardboard, Paper and packaging, recycling improves energy conservation.
9. When taking a shower try to reduce the length of time you spend in the shower, every minute the shower uses six litres of water.
10. Don't run the tap when cleaning your teeth.



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The Green Agenda

The Inter-Hall Energy Challenge

WILL YOUR HALL WIN?

Francis Drake

Gilwell

Mary Newman

Pilgrim

Radnor

Robbins

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university of plymouth students' union

Look Inside for More Information
A Green Agenda Initiative

Welcome to the first ever Inter-Hall Energy Challenge! By reading this leaflet you have become part of a mission – the mission to be the greenest hall on campus – are you up for the challenge?

The Inter-Hall Energy Challenge is a competition organised by the University of Plymouth Students' Union (UPSU) in partnership with the University Partnerships Programme (UPP) and the University of Plymouth (UoP).

The Challenge will be launched as part of the first ever 'Green Week' at the university during the weeks grand opening on Monday 19th January. Keep an eye out for more information about exciting events happening on campus during the week or check out www.upsu.com/greenagenda

The Inter-Hall Energy Challenge, and Green Week, are both initiatives of 'The Green Agenda' – a campaign on environmental sustainability convened by the President of the Students' Union, Darren Jones, in partnership with the University of Plymouth.

Other events will include a UPSU Green Business Challenge and the launch of the 'One Less Cup' scheme – where you get a discount across all university catering facilities when you use your 'One Less Cup' flask (which can be purchased from the UPSU shop) instead of a paper cup for hot drinks.

Mission

To help make your hall of residence the greenest on campus

Start

Midday, Monday 19th January
(The start of Green Week)

Finish

Midday, Friday 03rd April
(End of Term Two)

Awards + Prize Giving
Term Three (TBC)

One Less Cup

What do I have to do?

- * Be Greener! Make sure that you think about your energy consumption and waste when you are living in your halls – and make sure your flat mates do too!
- * Check out www.upsu.com/greenagenda and click on the 'Energy Challenge' link for lots of information and resources.
- * Keep it up! The challenge lasts for a whole term – which is a long time – so make sure you stick to it.

How will I know how my hall is doing?

- * You will be scored based on your percentage decrease in the use of electricity, water, gas and landfill waste output; with positive points for the amount of recycled waste.
- * Check out www.upsu.com/greenagenda and click on the 'Energy Challenge' link where the 'Energy League' will be published – showing you which hall is winning so far!

Get Involved



Why should I bother?

- * Because we all need to modify our living behaviours to become more sustainable for the future, whether you like it or not!
- * Because it's a fun competition between halls, don't let the rest of your hall down by not taking part!
- * Because the winning hall will win a prize – that's right, every one of you in the winning hall – at an awards ceremony in the third term.

The Green Agenda
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